

**How to register:**

Please see pages 2-3 for directions, for registration and for registration forms. Senior Center registration by Touch-Tone and Internet begin on **Thursday, August 17th**. Walk-in, mail-in, fax and non-resident registration begins on **Thursday, August 24th**. All classes begin the week of **October 2nd** and run 10-weeks, through the week of **December 4th**, unless otherwise noted. All information is subject to change. **There will be NO CLASSES after 5pm on Wednesday, November 22nd, on Thursday, November 23rd and Friday, November 24th due to the Thanksgiving Holiday.**

**Granite Reef Senior Center (GRSC)**

1700 North Granite Reef Road  
Scottsdale, AZ 85257  
Phone (480) 312-1700  
Fax (480) 312-1701

**Via Linda Senior Center (VLSC)**

10440 East Via Linda  
Scottsdale, AZ 85258  
Phone (480) 312-5810  
Fax (480) 312-5815

## EXERCISE & HEALTH

**\*All Exercise & Health courses offered at the Via Linda Senior Center are 12-weeks in length.**

**Aerobics** - Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications and encouragement to work at your own level.

|       |      |     |            |            |                  |
|-------|------|-----|------------|------------|------------------|
| 56601 | GRSC | MWF | 8-9a       | \$70/\$105 | Alfraid          |
| 56137 | VLSC | MWF | 7:45-8:45a | \$70/\$105 | Robertson/Stuart |
| 56138 | VLSC | Sa  | 7:45-8:45a | \$58/\$87  | Alfraid          |
| 56139 | VLSC | M   | 5:30-6:30p | \$40/\$60  | Stuart           |

**Body & Mind** - Class combines aerobics with beginning yoga techniques. Whip your heart, body and mind into shape while having a great time. The aerobics portion of the class focuses on a cardiovascular workout. The 2nd half of class will consist of yoga, stretching and developing strength and flexibility.

|       |      |     |             |            |         |
|-------|------|-----|-------------|------------|---------|
| 56604 | GRSC | MWF | 9:30-10:30a | \$70/\$105 | Alfraid |
|-------|------|-----|-------------|------------|---------|

**Body Toning** - All levels welcome. Class emphasis is on strength, toning and flexibility. Hand weights and stretch bands are used.

|       |      |      |            |           |         |
|-------|------|------|------------|-----------|---------|
| 56140 | VLSC | T&Th | 7:45-8:45a | \$55/\$83 | Fleming |
|-------|------|------|------------|-----------|---------|

**Chair Aerobics** - Chair Aerobics class will perform exercises while sitting in a chair, or using the chair for balancing. Exercises are designed to improve flexibility, strength and balance without the impact and stress of traditional aerobic exercises.

|       |      |      |       |           |                |
|-------|------|------|-------|-----------|----------------|
| 56136 | VLSC | M&Th | 9-10a | \$50/\$75 | Marlais/Madden |
|-------|------|------|-------|-----------|----------------|

**New!**

**Chair Tai Chi** - Participants are guided through the gentle flowing motions of Tai Chi - upper body, arm and hand movement, with emphasis on gentle turning, bending and stretching. All exercises performed in a chair. Especially effective for those with arthritis and balance issues.

|       |      |       |       |           |        |
|-------|------|-------|-------|-----------|--------|
| 57343 | GRSC | Tu&Th | 9-10a | \$46/\$69 | Crouch |
|-------|------|-------|-------|-----------|--------|

**Personal Fitness** - Certified personal trainer/comedian, Alan Bockal keeps the class laughing. Class includes stretching, weights and keeping a health log.

|       |      |     |              |           |        |
|-------|------|-----|--------------|-----------|--------|
| 56620 | GRSC | M&F | 10:30-11:30a | \$46/\$69 | Bockal |
|-------|------|-----|--------------|-----------|--------|

**Pilates & Stretch** - Practice a series of mat exercises that are developed to strengthen the core of the body (abdominals, low back, and hips), increase flexibility, and improve posture. Participation will help in developing mindful awareness of movement. All ages welcome. There are no drop-in for this class.

|       |      |       |            |            |         |
|-------|------|-------|------------|------------|---------|
| 56622 | GRSC | W     | 11a-12p    | \$38/\$58  | Alfraid |
| 56623 | GRSC | Tu&Th | 5:30-6:30p | \$70/\$105 | TBA     |

**Tai Chi, Beginning** - A slow, graceful, rhythmic exercise, which promotes good health and improves balance and concentration.

|       |      |    |               |           |          |
|-------|------|----|---------------|-----------|----------|
| 56633 | GRSC | Th | 9-10:30a      | \$33/\$49 | Isaacson |
| 56199 | VLSC | Tu | 11:30a-12:30p | \$28/\$42 | Williams |
| 56198 | VLSC | W  | 9-10a         | \$30/\$45 | Navarro  |
| 56200 | VLSC | W  | 11a-12p       | \$30/\$45 | Isaacson |

**Tai Chi, Intermediate** - Continuation of beginning Tai Chi, for more advanced students.

|       |      |   |               |           |          |
|-------|------|---|---------------|-----------|----------|
| 56201 | VLSC | F | 9-10:30a      | \$38/\$57 | Isaacson |
| 56202 | VLSC | F | 11:30a-12:30p | \$26/\$39 | Williams |

**Yoga, Beginning** - Strengthen, tone and align your body, release tension, restore vitality and improve posture.

|       |      |    |            |           |            |
|-------|------|----|------------|-----------|------------|
| 56635 | GRSC | M  | 11:30a-1p  | \$38/\$58 | Zumbrunnen |
| 56636 | GRSC | M  | 5:30-7p    | \$38/\$58 | Andrade    |
| 56209 | VLSC | M  | 10:30a-12p | \$52/\$78 | Hayden     |
| 56207 | VLSC | Th | 10:30a-12p | \$48/\$72 | Hayden     |
| 56208 | VLSC | Th | 5:30-7:00p | \$48/\$72 | TBA        |

**New!**

**Yoga, Gentle** - A slower paced class that combines gentle stretching and movement with a focus on the breath. Increase flexibility and body awareness, reduce stress and promote relaxation. Beginners welcome. Course held 2-days per week. No drop-ins available.

|       |      |       |          |            |        |
|-------|------|-------|----------|------------|--------|
| 56943 | GRSC | Tu&Th | 9-10:30a | \$70/\$105 | Kayatt |
|-------|------|-------|----------|------------|--------|

**Yoga, Intermediate** - For advanced students or those who have taken beginning Yoga.

|       |      |    |          |           |        |
|-------|------|----|----------|-----------|--------|
| 56210 | VLSC | M  | 9-10:30a | \$52/\$78 | Hayden |
| 56211 | VLSC | Th | 9-10:30a | \$48/\$72 | Hayden |

**New!**

**Yoga, Intermediate Flow** - A challenging class which links the breath and the postures to create a flow-style practice. An emphasis is placed on developing strength, stamina and flexibility while maintaining alignment in the body. Prior yoga experience required. No drop-ins available.

|       |      |   |         |           |        |
|-------|------|---|---------|-----------|--------|
| 57168 | GRSC | W | 5:30-7p | \$38/\$58 | Kayatt |
|-------|------|---|---------|-----------|--------|

## ART

**\*All Art courses offered at the Via Linda Senior Center are 9-weeks in length. Art courses held at JCC are 6-weeks in length.**

**Acrylic/Oil Painting** - New and continuing students will learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract or non-representational forms.

|       |      |     |            |            |        |
|-------|------|-----|------------|------------|--------|
| 56597 | GRSC | Tu  | 9a-12p     | \$70/\$105 | Wrobol |
| 56598 | GRSC | Tu  | 1-4p       | \$70/\$105 | Wrobol |
| 57380 | GRSC | Th  | 9a-12p     | \$70/\$105 | Wrobol |
| 56133 | VLSC | Sat | 9a-12p     | \$56/\$84  | Murphy |
| 56134 | VLSC | M   | 9a-12p     | \$63/\$95  | Murphy |
| 56132 | VLSC | F   | 1-4p       | \$56/\$84  | Gulino |
| 56135 | VLSC | T   | 5:30-8:30p | \$63/\$95  | TBA    |

**Color** - This course will teach you successful color mixing and theory. Learn how to see color and use color to achieve depth, balance, harmony and unity in your work.

|       |      |   |       |           |        |
|-------|------|---|-------|-----------|--------|
| 56212 | VLSC | M | 1-4pm | \$63/\$95 | Gulino |
|-------|------|---|-------|-----------|--------|

**Drawing I** - Focus of the basic fundamentals of drawing. Emphasis is on composition, proportion, perspective and rendering techniques in pencil and charcoal media. Students learn to see as an artist sees a unique visual capability.

|       |      |    |            |            |          |
|-------|------|----|------------|------------|----------|
| 56149 | VLSC | Tu | 1-4p       | \$63/\$95  | Consalvo |
| 56150 | VLSC | M  | 5:30-8:30p | \$63/\$95  | Consalvo |
| 56151 | JCC  | M  | 1-3p       | \$74/\$101 | Consalvo |

**Drawing II** - Charcoal, colored pencils, pastels, and every drawing medium is accepted. Create and explore your personal expression with weekly exercises and inspiring assignments. Recommended to painters and Drawing I students.

|       |      |    |            |           |          |
|-------|------|----|------------|-----------|----------|
| 56152 | VLSC | Th | 5:30-8:30p | \$56/\$84 | Consalvo |
|-------|------|----|------------|-----------|----------|

**Pastel Workshop** - New and continuing students will focus on techniques using pastels. Learn to develop a portrait, landscape, floral, abstract or nonrepresentational.

|       |      |    |      |           |           |
|-------|------|----|------|-----------|-----------|
| 56186 | VLSC | Th | 1-4p | \$42/\$63 | Schneider |
|-------|------|----|------|-----------|-----------|

**Jewelry Workshop Level I and II** - Create beautiful, one-of-a-kind jewelry by learning how to utilize the tools of the trade, along with beads and sterling silver wire. "Unleash your creative spirit". **Level II is a**

**continuation of Level I. Additional fees for tools and materials.**

|       |      |   |             |           |        |
|-------|------|---|-------------|-----------|--------|
| 56174 | VLSC | T | 3:15p-6:15p | \$63/\$95 | Gulino |
|-------|------|---|-------------|-----------|--------|

|       |     |   |       |            |        |
|-------|-----|---|-------|------------|--------|
| 56176 | JCC | T | 9-12p | \$74/\$101 | Gulino |
|-------|-----|---|-------|------------|--------|

**Level II**

|       |      |    |             |           |        |
|-------|------|----|-------------|-----------|--------|
| 56175 | VLSC | Th | 3:15p-6:15p | \$63/\$95 | Gulino |
|-------|------|----|-------------|-----------|--------|

**Life Drawing with Models** - Recommended for students with a minimum of Drawing I experience. This course is designed to give the student a fundamental understanding of the principals of figure drawing. **Additional student fee of \$45 due at 1st class for model fee.**

|       |      |   |        |           |           |
|-------|------|---|--------|-----------|-----------|
| 56177 | VLSC | W | 9a-12p | \$63/\$95 | Lundquist |
|-------|------|---|--------|-----------|-----------|

**Matting & Framing** - This matting class will teach the various techniques needed to select the best mat and frame style. Cutting for mats in bevel and straight cuts and assemble them into a pre-made frame. Matting works in watercolors, drawing, pastels, pictures and other graphic mediums learned in this class.

|       |      |    |              |           |        |
|-------|------|----|--------------|-----------|--------|
| 56181 | VLSC | Sa | 9:30a-12:30p | \$56/\$84 | Taylor |
|-------|------|----|--------------|-----------|--------|

**Oil Painting, Beginning** - For students with little or no experience. Focus on developing basic skills, explore color, style and various techniques.

|       |      |    |        |           |          |
|-------|------|----|--------|-----------|----------|
| 56182 | VLSC | Tu | 9a-12p | \$63/\$95 | Leonelli |
|-------|------|----|--------|-----------|----------|

|       |     |   |        |            |          |
|-------|-----|---|--------|------------|----------|
| 56183 | JCC | W | 9a-12p | \$74/\$101 | Leonelli |
|-------|-----|---|--------|------------|----------|

**Paint Workshop** - Work in all mediums. For both beginning and more advanced students.

|       |      |   |      |           |     |
|-------|------|---|------|-----------|-----|
| 56184 | VLSC | M | 1-4p | \$63/\$95 | TBA |
|-------|------|---|------|-----------|-----|

|       |      |    |        |           |         |
|-------|------|----|--------|-----------|---------|
| 56185 | VLSC | Th | 9a-12p | \$56/\$84 | Shapiro |
|-------|------|----|--------|-----------|---------|

**Watercolor** - Emphasis on basic techniques of color mixing, washes, glazing and more. Good drawing techniques are reviewed. **All levels welcome.**

|       |      |   |      |            |       |
|-------|------|---|------|------------|-------|
| 56634 | GRSC | M | 1-4p | \$70/\$105 | Hoeck |
|-------|------|---|------|------------|-------|

|       |      |   |            |           |           |
|-------|------|---|------------|-----------|-----------|
| 56204 | VLSC | W | 1:30-4:30p | \$63/\$95 | Lundquist |
|-------|------|---|------------|-----------|-----------|

|       |      |   |        |           |           |
|-------|------|---|--------|-----------|-----------|
| 56205 | VLSC | F | 9a-12p | \$56/\$84 | Lundquist |
|-------|------|---|--------|-----------|-----------|

|       |      |   |             |           |        |
|-------|------|---|-------------|-----------|--------|
| 56203 | VLSC | W | 5:30p-8:30p | \$56/\$84 | Taylor |
|-------|------|---|-------------|-----------|--------|

|       |      |   |       |           |        |
|-------|------|---|-------|-----------|--------|
| 56206 | VLSC | S | 1-4pm | \$56/\$84 | Taylor |
|-------|------|---|-------|-----------|--------|

**New!**

**Watercolor, "Intermediate Techniques for the Adventurous Watercolorist"** - Now that you have learned the basics, you are ready to explore techniques that will add the dynamics of depth,

mood, sparkle, volume and fabulous light to your compositions. Please bring a painting to the first class that you think needs some help. You will be surprised at the amazing results. Further study in color mixing will also be covered.

|       |      |   |        |            |       |
|-------|------|---|--------|------------|-------|
| 56718 | GRSC | W | 9a-12p | \$70/\$105 | Artac |
|-------|------|---|--------|------------|-------|



## FOREIGN LANGUAGE

**French, Intermediate** - Develop French speaking and listening skills from a native instructor. Class will focus on conversation and vocabulary, with the use of *Journal francais d' Amerique*. Structured for those who have previously taken the Senior Center's Beginning French course or for more advanced level students. **Courses will begin the week of October 10th.**

|       |      |    |      |           |       |
|-------|------|----|------|-----------|-------|
| 56610 | GRSC | Tu | 1-3p | \$63/\$94 | Grube |
|-------|------|----|------|-----------|-------|

|       |      |    |        |           |       |
|-------|------|----|--------|-----------|-------|
| 56611 | GRSC | Th | 10-12p | \$63/\$94 | Grube |
|-------|------|----|--------|-----------|-------|

**French, Level III** - Conversation and reading practices with easy pronunciation exercises. Sentence structure in the present tense. Introduction to the reflexive verbs and command forms. **Additional fee for textbook.**

|       |      |    |          |            |       |
|-------|------|----|----------|------------|-------|
| 57466 | VLSC | Tu | 9:30-12p | \$68/\$104 | Gabor |
|-------|------|----|----------|------------|-------|

**French, Level IV** - Emphasis on the past tense. Review of the present and future tenses. Conversation for intermediate level students. Vocabulary and expressions useful for travelers. **Additional fee for textbook.**

|       |      |   |          |           |       |
|-------|------|---|----------|-----------|-------|
| 57467 | VLSC | F | 9:30-12p | \$61/\$92 | Gabor |
|-------|------|---|----------|-----------|-------|

**Italian, Beginning** - Focus on basic sentence structure, pronunciation and vocabulary necessary to develop speaking and listening ability.

|       |      |    |            |           |         |
|-------|------|----|------------|-----------|---------|
| 56616 | GRSC | Tu | 11a-12:30p | \$55/\$82 | Roberti |
|-------|------|----|------------|-----------|---------|

**Italian, Intermediate** - For students who have previously taken Dr. Pace's or Mary Roberti's Beginning Italian course.

|       |      |    |         |           |      |
|-------|------|----|---------|-----------|------|
| 56617 | GRSC | Tu | 1-2:30p | \$55/\$82 | Pace |
|-------|------|----|---------|-----------|------|

**Spanish, Level I** - Introduction to language, pronunciation, numbers, and basic traveler's vocabulary. **Additional fee for textbook.**

|       |      |    |       |           |     |
|-------|------|----|-------|-----------|-----|
| 57489 | VLSC | Th | 8-10a | \$50/\$75 | TBA |
|-------|------|----|-------|-----------|-----|

**Spanish I** - Course is designed for absolute beginners. Taught in a lively and participative style, we will be on becoming comfortable with speaking Spanish while managing simple tasks such as introductions, shopping and communicating in restaurants and hotels, with a goal of becoming competent in the present tense.



**Additional fee of \$12 for textbook due at first class.**

|       |      |   |           |           |           |
|-------|------|---|-----------|-----------|-----------|
| 56629 | GRSC | W | 12:30-2pm | \$55/\$82 | Brashears |
|-------|------|---|-----------|-----------|-----------|

|       |      |    |         |           |           |
|-------|------|----|---------|-----------|-----------|
| 56630 | GRSC | Th | 5:30-7p | \$55/\$82 | Brashears |
|-------|------|----|---------|-----------|-----------|

**Spanish II** - For those who have completed Spanish I or have studied the present tense. Emphasis will be on the preterite and object pronouns. We will speak in the past tense in situations based on traveling and obtaining services.

**Additional fee of \$12 for textbook due at first class.**

|       |      |    |         |           |           |
|-------|------|----|---------|-----------|-----------|
| 56631 | GRSC | Th | 7:30-9p | \$55/\$82 | Brashears |
|-------|------|----|---------|-----------|-----------|

**Spanish, Level II** - Designed for those students who have completed levels I. Emphasis is on the preterite tense, reflexive verbs, and command forms. Vocabulary includes entertainment, daily routine and vacations. **An additional fee for course text is required and will be due to instructor at 1st class.**

|       |      |    |               |           |     |
|-------|------|----|---------------|-----------|-----|
| 56196 | VLSC | Th | 10:15a-12:15p | \$50/\$75 | TBA |
|-------|------|----|---------------|-----------|-----|

**Spanish III "La Charla Latina"** - This conversation group is aimed at intermediate and above level students who are looking for an opportunity to practice their Spanish and using it to discuss Latin American issues. Each week a given theme will be introduced, discussed and appropriate vocabulary provided. Emphasis will focus on Latin America and quick overviews of grammar will be provided as needed.

|       |      |   |         |           |           |
|-------|------|---|---------|-----------|-----------|
| 56632 | GRSC | W | 2:30-4p | \$55/\$82 | Brashears |
|-------|------|---|---------|-----------|-----------|



## PERSONAL DEVELOPMENT

### New!

**Ballroom & Social Dance** - Designed for every level of dancer, from beginning level to "star" status, students learn to tango, waltz, salsa and meringue. If you have never danced before or are looking to refresh your dance skills, then this is the class for you! A great way to stay in shape. All levels are welcome. **No partner needed.**

57405 GRSC M 4-5p \$50/\$75 De Marchand

**Bonsai Workshop I & II** - (2 5-week sessions) Create a Bonsai Tree from nursery plant material. An excellent art form for seniors combining creativity with gardening. **Completion of workshop I is a prerequisite for workshop II. Material fee required.**

### Workshop I

56141 VLSC Tu (10/03/06) 1-3p \$47/\$70 Winfield

### Workshop II

56142 VLSC Tu (11/07/06) 1-3p \$47/\$70 Winfield

**Bridge, Beginning** - Learn the fundamentals of bridge. Course includes instruction and hands on play. **Course at GRSC begins 10/9.**

57329 GRSC M 9-11a \$38/\$58 Thompson

56144 VLSC W 6:30-8:30p \$34/\$51 Davis

### New!

**Bridge, Novice** - Review the basics and then get into conventions and play of hand. Must have completed beginners level or equivalent.

57469 VLSC M 6:30-8:30p \$38/\$58 Davis

### New!

**Bridge, Intermediate/Advanced (Party)** - Answers to questions about all phases. Extend the bidding and play of the hand to become an accomplished competitor.

57468 VLSC Tu 1:30-3:30p \$38/\$58 Davis

**Bridge, Duplicate** - "Bridge for fun and mental health." The 20% you need to know for 80% of the hands you'll play. Instruction will be based on the Standard American System and will be taught by an American Contract Bridge League accredited instructor. Course is designed for students who have at least an acquaintance with the basics of Bridge and have the desire to learn to communicate in a partnership, play competitively and win.

56605 GRSC Th 1-3p \$40/\$60 Pruss

### New!

**Broadway Show & Jazz Dance** - It's showtime! Exercise, learn jazz techniques and dance combinations to Broadway Show Tunes. This musical theatre dance class will teach dances and staged choreography for those wanting to become "Broadway babies". All levels welcome. Room 13 - **No class on 10/31, make-up class held 12/12.**

57342 GRSC Tu 11a-12p \$40/\$60 Lawton

**Creative Writing** - From exploration of creative ideas to critique of finished writing, we address all genres-poetry to longer fiction and discuss what we read as a background.

56606 GRSC F 9a-12p \$61/\$91 Chorlton

56146 VLSC Tu 12:30-3:30p \$58/\$86 Robertson

**Line Dancing, Beginning** - For those with no experience in line dancing.

56178 VLSC Tu 9-10a \$35/\$53 Schwarz

**Line Dance Intermediate** - Line dance to country music and music from the 50s, 60s and musicals. Have fun while you dance. No partner needed. Some dance experience helpful.

56195 VLSC W 10-11a \$35/\$53 Schwarz

**Mah Jongg, Beginning** - The fundamentals and terminology are taught during practice games.

56180 VLSC Tu 1-3p \$63/\$94 Moore

**Mah Jongg, Intermediate** - For those who understand fundamentals, but want to improve.

56179 VLSC Tu 3-5p \$63/\$94 Moore

**Poetry** - Study poetry and its forms from all periods of history. Discussion of student pieces each week.

56624 GRSC Tu 9a-12p \$68/\$102 Mounsey

### New!

**Polynesian (Hula) Dancing** - Learn the steps and the movement of the hands and hips. Hula, Tahitian and Maori steps will be included. This terrific class is a great way to have fun and exercise at the same time. All levels welcome. **No class on 10/31, make-up class held 12/12.**

57341 GRSC Tu 12:30-1:30p \$40/\$60 Lawton

**Senior Tap** - Improve your memory and get fit, while having fun. Learn the techniques, terminology and basic dance steps of tap.

56626 GRSC Th 4-5p \$38/\$58 Campi

**Senior Tap, Intermediate** - Course is designed for intermediate level students or for those who have completed the beginning level Senior Tap course.

56627 GRSC Th 5-6p \$38/\$58 Campi

**Sewing & Alterations** - All skill levels welcome. Learn how to sew or improve your sewing skills in a small class setting with individual attention for you and your project. Bring projects you need help with.

56628 GRSC W 1-3p \$54/\$81 Walters

## COMPUTER COURSES @ GRSC

**Computers, Beginning Computers** - Designed for students with no experience using a computer. Basic definitions and computer functions are discussed. Develop skills using the keyboard and mouse. Computers operate with Windows XP.

56603 GRSC Tu 1-2:30p \$70/\$105 Holman

58132 GRSC Th 8:30-10a \$70/\$105 Holman

**Computers, Word Processing** - Introduction to word processing concepts and techniques. Learn to create, save, open, edit, format and print. **3-session course will held on 11/30, 12/7 & 12/14.**

56719 GRSC Th 10:30a-12p \$23/\$35 Holman

**Computers, Intermediate Computers** - Continuation of Beginning Windows with an emphasis on file/folder management, the control panel, tools and utilities, explorer and a brief introduction to the Internet. Course is intended for students who use PC at least twice a week.

56613 GRSC Th 3-4:30p \$70/\$105 Futo

**Computers, Internet** - Navigate the Internet, use e-mail, download files and make purchases. Course is intended for students who use personal computers at least twice a week.

56615 GRSC Th 1-2:30p \$70/\$105 Futo

### New!

**Computers, Intermediate Internet** - Have you been wanting to "surf" more of the "Net?" In this class, you will explore different Internet browsers. You will find out how to use more of Google's and Yahoo's tools to find out information and organize your daily activities and tasks. You will also learn how to post pictures to a blog or picture site to share your photos with friends and family. Furthermore, discover some sites offering free software for various functions. A GRSC Internet course is a prerequisite. **5-week course will begin Tuesday, 11/7 and run through Tuesday, 12/5.**

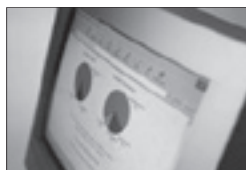
57166 GRSC Tu 3-4:30p \$35/\$53 Holman

**Computers, eBay** - 5-week course will take you through all the ins and outs of using eBay, but will focus on selling merchandise. Learn how to create an account and sell your own merchandise. The Senior Center's Internet course is a prerequisite. A good understanding of the Internet and Internet related concepts can be substituted for the prerequisite course. **5-week course will begin Tuesday, 10/3 and run through Tuesday, 10/31.**

56607 GRSC Tu 3-4:30p \$35/\$53 Holman

**Computers, Excel** - Learn the basics of entering and formatting data, formulas, functions, graphs using the pull down menu system. Instruction will discuss types of spreadsheets requested by students. Participants should have a basic familiarity with the Windows operation system.

56609 GRSC W 3-4:30p \$7/\$7



Kurtz

**Computers, Keyboarding** - Develop the ability to touch-type using proper techniques on a computer keyboard. Learn the valuable skills that will improve computer usage and typing. **Course is 5-weeks, beginning Thursday, 10/5 and running through Thursday, 11/2.**

57328 GRSC Th 10:30a-12p \$35/\$53 Holman

**Computers, Picasa** - Have you been waiting to organize the pictures on your computer and show them to friends and family? In this class, you will learn how to download Picasa™, a FREE program from Google, to manage, edit and share the pictures on your computer. Picasa will also allow you to create CDs and special picture arrangements. Furthermore, learn how to use other FREE programs, Hello™ and Blogger, to instantly share your pictures and post them on your own blog-your personal website. **2-session course held on Thursday, 11/9 and Thursday, 11/16.**

56621 GRSC Th 10:30a-12p \$23/\$35 Holman

### New!

**Computers, Email (Yahoo!)** - Have you been wanting to be able to e-mail your friends and family but don't have a computer of your own or don't want to have to sign up with an Internet Service Provider (ISP)? Create a FREE Yahoo! e-mail account that can be used any where you have free access to the Internet, such as the Senior Center or library. You will create and send e-mail messages, reply to and forward messages and create an "Address Book". Furthermore, learn how to attach files/pictures to messages sent to others and how to open attachments/pictures sent to you. **3-session course will be held 10/17, 10/24 & 10/31.**

56720 GRSC Tu 9:30-11a \$35/\$53 Holman

**Computers, Adobe Photoshop Elements** - Course will focus on Photoshop Elements - an overview of the program, the menu items, storage techniques and sizing your images for email and printing. Basic familiarity with a computer is required.

56599 GRSC M 1-2:30p \$70/\$105 Holman

### New!

**Computers, Internet Shopping Workshop** - Learn everything you need to know about shopping on the Internet. Find out why shopping online is so advantageous and learn how to get great deals on airline tickets, clothes and gifts. **1-day workshop held Tuesday, 11/7.**

56721 GRSC Tu 9:30-11a \$17/\$25 Futo



### New!

**Computers, Internet Travel** - Use the Internet to find information on airline flights, plan a vacation, research a road trip, and book hotel rooms. Find and explore America's National Parks. A basic familiarity with the Internet is required. **1-day workshop held Tuesday, 11/14.**

56722 GRSC Tu 9:30-11a \$17/\$25 Futo

## COMPUTER COURSES @ VLSC

### SeniorNet Computer Courses

\*\* Membership to SeniorNet is required to take computer classes. Register to become a member today.

### SeniorNet 1-day Specialty Topic Workshops

SeniorNet will be offering a series of 1-day workshops at the Via Linda Senior Center during the fall session. For details and a schedule, contact the Via Linda Senior Center.

### SeniorNet Membership

|       |      |                   |                 |
|-------|------|-------------------|-----------------|
| 56193 | VLSC | 1-year membership | \$40 per person |
| 56194 | VLSC | 2-year membership | \$60 per person |

**Computer, Introduction - Part I** - Never touched a computer before or haven't used one in years? Not familiar with a mouse or modem? Learn how to identify the main parts of a computer system, plus how to use the mouse and keyboard. 4-session class (8 hours.)

|       |      |   |      |        |                       |
|-------|------|---|------|--------|-----------------------|
| 56170 | VLSC | M | \$30 | 1p-3p  | Dates: Oct. 3-Oct. 23 |
| 56171 | VLSC | M | \$30 | 9a-11a | Dates: Oct. 9-Oct. 30 |
| 57500 | VLSC | W | \$30 | 1p-3p  | Dates: Oct. 4-Oct. 25 |

**Computer, Introduction - Part II** - Basic computer concepts are covered with the use of Microsoft Suite 2003, including word processing, spreadsheets, database, introduction to Windows operating system and the Internet. (Computers Part I or mouse and keyboard familiarity required.)

|       |      |   |      |       |                        |
|-------|------|---|------|-------|------------------------|
| 56172 | VLSC | M | \$30 | 1p-3p | Dates: Nov. 6-Nov. 27  |
| 56173 | VLSC | T | \$30 | 1p-3p | Dates: Oct. 31-Nov. 21 |
| 57501 | VLSC | W | \$30 | 1p-3p | Dates: Nov. 8-Nov. 29  |

**Computers, Fun with the Internet** - This class will take you beyond the basics. Learn more advanced uses of the Internet. Work with e-mail attachments, downloading, and a variety of searching techniques. Learn how to use the internet to make free, or almost free, phone calls to anyone almost anywhere in the world. Course uses Internet Explorer and Outlook Express, not AOL. 4-session class (8-hours.)

56163 VLSC Th \$30 1p-3p Dates: Oct. 5-Oct 26

**Computers, Photo Imaging I** - Use the Adobe Photoshop Elements V.4 software to learn photo retouching and image manipulation. Adjust color, brightness, contrast, move objects within a photo and much more. 4-session class (8-hours.)

|       |      |   |      |        |                       |
|-------|------|---|------|--------|-----------------------|
| 56148 | VLSC | W | \$30 | 9a-11a | Dates: Oct. 11-Nov. 1 |
| 57502 | VLSC | T | \$30 | 9a-11a | Dates: Nov. 14-Dec. 5 |

**Computers, Photo Imaging II** - Use the Adobe Photoshop Element to learn even more about the wonderful things that you can do with photos (Part I required before this class).

56147 VLSC W \$30 9a-11a Dates: Nov. 8-Dec. 6

**Computers, Photo Imaging III** - In this advanced class you will learn how to use photos to create flyers, posters, scrapbook layouts, mini albums, note cards, watercolor paintings. As you design your projects you will be learning new techniques using filters, styles and effects. Digital Photo Imaging Part I and Part II are required before this class.

57503 VLSC Th \$30 9a-11a Dates: Oct. 5-Oct. 26



**Computers, File Management** - Learn to create, move and delete files and folders. 4-session class (8-hours.)

56154 VLSC F \$30 1p-3p Dates: Oct. 27-Nov. 17

**Computers, Photoshop Organizer** - Uses the Adobe Photoshop Elements Organizer software to organize all those digital photos. Then make slide shows, albums, and greeting cards. Learn to add music to slide show and burn a CD. 4-session class (8-hours.)

57505 VLSC M \$30 9a-11a Dates: Nov. 6-Nov. 27

**Computers, Print Artist** - An advanced class using Print Artist software. Learn to make your own unique greeting cards, scrapbook pages and more. Personalize pre-made designs or get creative with your own creations. 4 session (8-hour total) class.

56187 VLSC T \$30 9a-11a Dates: Oct. 10-Oct. 31